

* * * * * * WEEKLY BULLETIN * * * * * * * MONDAY, 20 JUNE 2022

MEALS

Breakfast: 7:00 - 9:00 a.m., Extended Breakfast 9:15 - 10:30 a.m.,

Lunch: 11:30 a.m. to 1:00 p.m., Extended Lunch 1:15 - 3:30

p.m.); Supper: 4:30 p.m. - 6:00 p.m.

WELCOME / FAREWELL / IN MEMORY OF:

WELCOME: Mi and Donald Senger, USAF; Barbara Wilson, USAF

FAREWELL: N/A

IN MEMORY OF: Daniel V. Weber, USA

RESIDENT POPULATION: 211

AVERAGE AGE: 85

ADMINISTRATION UPDATES & NEWS:

NOTE: Current Positive COVID-19 Data as of 6/15/2022.

TEST	RESIDENTS	EMPLOYEES	CONTRACTORS
COVID -19 Positive	4	1	1

NOTE: COVID Safety: The DC area is currently experiencing a higher level of COVID infections. Please wash your hands often, socially distance, wear a mask as a precaution and consider taking the COVID-19 booster vaccine. Please call the Wellness Center or the House Supervisor - (202) 541-7599 or (202) 450-9790 - if you feel unwell. Someone will come to assess you in your room.

NOTE: The hours of operation for the Business Office, Room 1067 are: Mon - Fri: 8 am - 11:30 am; 1:00 pm - 4 pm (closed for Administration 11:30 am - 1:00 pm.)

FROM THE OMBUDSMAN:

<u>NOTE:</u> Virginia VA Services Representative Edwin Robles has temporarily suspended in person services due to the nationwide surge of the Omicron variant of COVID-19. Mr. Robles is available by phone and e-mail to assist you. Please contact him at <u>Edwin.robles@dvs.virginia.gov</u> or 703-359-1210.

FROM CHIEF, RESIDENT SERVICES:

NOTE: All Anderson Suite guests must present their vaccination card and proof of a negative COVID test (within 48-hours to arriving).

NOTE: REMINDER: Please do not park the green Golf Carts at or near the Scott, Sheridan, nor the Sherman buildings. They must remain at the golf course and be plugged in for charging when not in use.

NOTE: If you need maintenance for your room – call (202) 541-7770 during normal business hours; (202) 541-7500; or e-mail them with your needs at service.request@afrh.gov. The Campus Operations office direct line during normal business hours is (202) 541-0613.

RESIDENT SERVICES OPERATIONS UPDATES & NEWS:

NOTE: AA Meetings are held every Wednesday, 6:30 PM, in Sheridan, room 1103.

HEALTHCARE SERVICES UPDATES AND NEWS:

<u>NOTE</u>: If you would like to receive the COVID-19 booster, please sign up in the Wellness Center. We will provide COVID-19 vaccines in the Wellness Center every Friday for those that sign up.

NOTE: June is Men's Health Month. Please take the time to schedule your health screenings with your providers. Consider taking the time to focus on your overall Health and Wellbeing. Plenty of fresh air, sunshine and water are essential. Happy Father's Day on behalf of the Healthcare Services Team.

NOTE: As the weather gets warmer please remember to stay hydrated. Ensure you take water with you as you enjoy outdoor activities. Be a buddy, look out for each other. If you feel unwell or overheated call the Wellness Center (202) 541-7599, or Security (202) 541-7500. They will get you the assistance you need.

NOTE: The next Chat with the Chief of Healthcare: June 27, 2022 at 1600 in the Theater. Hope to see you there!

The following activities are scheduled beginning 20 JUNE 2022:

MONDAY, 20 JUNE - FEDERAL HOLIDAY - JUNETEENTH

1330 Movie (*The Irishman*)

TUESDAY, 21 JUNE

1130 Popcorn - CCL
1300 Beer Tasting - CC

1330 Movie (Vietnam's Unseen War) Documentary – Theater

1530 Bible Study – Meditation Room 1630 June Birthday Dinner - DH

WEDNESDAY, 22 JUNE

1100 Qi-Gong - Theater 1300 Jackpot Bingo - CC

1330 Glenna's Book Club – Game Room

1830 Inspirational Movie (Touched by an Angel Episode – "Manny") - Meditation Room

THURSDAY, 23 JUNE

0900 Town Hall - CC 1300 Bike Ride - Canteen

1800 Movie (Little Big Man) - Theater

FRIDAY, 24 JUNE

1000 Meditation - Game Room

1000 PAL's Visit1030 Qi-Gong – Theater

1030 Feast of the Sacred Heart of Jesus, Mass, Meditation Room

US Army Drum and Bugle Corps - CCMovie (*Four Jills in a Jeep*) - Theater

SATURDAY, 25 JUNE

1600 Pizza Social – Defender's Inn1800 Movie (*Vantage Point*) - Theater

SUNDAY, 26 JUNE

0900 Protestant Service - <u>SCOTT THEATER</u>
 0900 Feast of Corpus Christi, Mass - Rose Chapel

1800 Movie (A View to a Kill) - Theater

THERAPEUTIC POOL:

Scott Bldg.

Open:

Mon-Sat, 0800-1600

BOWLING CENTER:

Sheridan Bldg.

Open:

Mon-Fri, 1400-1600

GI GYM:

Scott Bldg.

Open:

24 hours/

<mark>7 days a week</mark>